#### **Business Name**

### Summer 2017



# Brian's Blurb

Summer is

upon us and we are looking forward to 2 exciting events. First, our Employer Appreciation Dinner will be held on July 11th from 4-6pm. This is a wonderful opportunity to spotlight our TE and SE employers and celebrate their contributions to Wasatch House. We invite all individuals who are working or are interested in work to attend and be part of this special evening. Second, we are getting closer to our annual Wasatch Wellness Run on Saturday August 5th. This race raises funds for individuals without Medicaid to participate in clubhouse with the aim to become employed in the community. I hope that everyone is getting in shape to either participate in the 1 mile walk, 5k or even the 10k

(I know I have some more conditioning to do!) All members and staff are strongly encouraged to participate in the planning and carrying out of this important event. We need your help! Here's to another great Month at clubhouse.



Caption describing picture or graphic.



The business unit does the clubhouse rolls. Patricia has been working on the centerpiece flowers that are for our barbeque Saturday June 10, 2017 Our unit does the rolls, the front desk, Thank you cards, the morning meeting, We count and record money, look up articles, prepare for the holiday and the bulletin boards.

### W.A.G. Unit

In the Wag Unit we have made many changes and for the better. We have more clothing racks than we have ever had and are able to keep them quite full with clothing. We are open to the entire agency and have helped many in Wasatch with their clothing needs. We have had many of the members trained to run the register and we are open for the entire day most every day of the week. We are fortunate to have some regular donations and we are able to sort through them and provide much to those in need. Many of the members find working in the Thrift Store so enjoyable they want to make sure everyone hears about it. The outside continues to struggle because we went from cold, cold, to hot, hot, hot. This takes it's toll on the bushes, shrubs and grass. We have got it looking better and will continue to help it grow. Sometimes after several years it is time for an upgrade and perhaps a few changes. We may be ready for that. We have several members using the exercise equipment most everyday. We made a goal chart to run or walk th full maratrhon and have reached that goal already and have to start over to do it again. All and all things are looking up for the wag unit.







June was another productive month in the Career Unit. We have been working hard on the race and have made significant progress towards having a race. The wellness run. Over the last month we have had members regularly step up in the unit whether it has been helping with the race or making sure members wages are being reported. So many thanks to all of you who help keep the unit running. Also don't forget to come in and check with the unit if you are interested in working. We have our IPS program up and running and would love to help you find work. Hope you all had a wonderful June.

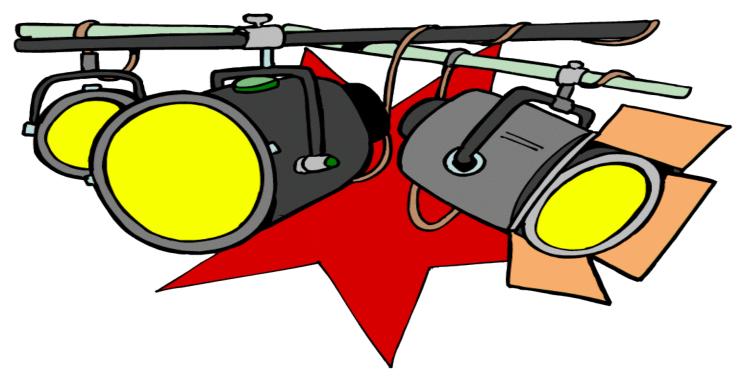


Ritchen

Greetings from the kitchen unit. We would like to give a big shout out to everyone who helps out on a daily basis, preparing and delivering everyone's lunch. We have tried to bring a wide variety to our weekly specials for the month of June: like Malibu Chicken w / fried rice. We thank all the members who work really hard to bring these menu items to the rest of our members and staff. There hasn't been any of our kitchen crew who have passed their food handlers permit this month, but I know they are working hard and preparing themselves to take the test. We would also like to invite anybody else who would enjoy working with some fun people, to come into the kitchen unit and join a great team. We work hard, serving on average, between 60 and 75 lunches per day. This could not get done without the hard work of our wonderful members and staff.

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## LuCinda M.

I was born in Payson, Utah and moved to Salem, Utah when I was 4 years old. I lived there until I was 27. I lived in Provo just out of high school for a few months while I attended Provo college. But I always ended up back home. I love my home town. I went to Spanish Fork High school and graduated in 1996. I have done some schooling in C.N.A and Early Childhood Education. I have not pursued either course but I do plan on going back to school. I have been married twice and I am currently happily divorced and single. Despite my Mental disabilities I do try to enjoy my life as much as I can. Since I was married the first time I have mostly lived in Spanish Fork but I just recently moved to Springville, Utah and I and love it there! My grandma is still kickin at 87 and is my very best friend. She lives just a mile from me. I have lots of friends and try to do as much with them as I can. I clean houses now just a couple days a week. I try to do all can and I would like to get back to the "old Happy me". I am a movie buff and I love Code Red, Ice Cream, Chicken Fried Steak and Spongebob Squarpants. I have one older brother and a younger half brother and sister. My half sister has all the kids in the family. 4 boys and 1 girl. I of course "adopt" all my friends kids. I love them. I can have fun with them give em loves and let their mom's and dad's take care of them. Well, that's me in nutshell! I love hanging out at the clubhouse. I have met so many nice new friends. I look forward to meeting many more. Don't hesitate to say "Hello".