

The Wasatch House Voice

Spring time 2017

After a successful post site visit from our Training team at Alliance House, we are ready to submit our request for an upgrade to a 3 year accreditation.

This is the highest level of accreditation offered by Clubhouse International and marks the end of a 2 year journey to reach this goal.

I want to thank all of the wonderful members and staff who have worked so hard to make this reality.

Our sights will now turn to making Wasatch House a destination for all members who are interested in furthering their education or employment.

We invite all to look into Supported or Transitional Employment in our Career Unit and invite your clubhouse friends to do the same.

Brian's Blurb

BUSINESS UNIT

Here in the business unit we have made placemats and other decorations for the holidays. Most recently we were preparing for Valentine's Day. We had our famous valentines party, which was dancing, games, and dinner.

We have also been preparing for the UCN conference, and Wasatch House is in charge this year. We will be staying in Park City for two nights in May for the conference. More announcements will be made as it gets closer.

We also have activities on Tuesday unless we go on a Saturday activity. Last month's Saturday activity was going to Laser Tag, and for March 18th we will be going to the aquarium. Please sign up in the business unit for the Tuesday and Saturday activities before noon on Tuesday to be locked into it.

Past activities have included bowling... shopping,... Karaoke... and employment/education dinner.

Our business unit goals are -

We do not have a photographer to take pictures of our night, weekend, and holiday activities. In order to provide an opportunity for members to increase their skills while providing an instrument that will allow us to photographically preserve memories, our goal is to have at least two member be consistent Clubhouse photographers.

We need more members to answer the phones, make deposits and make copies for the clubhouse. In order to improve clerical skills, the business unit will teach at least 3 new members how to be the clubhouse receptionist, at least 5 new members how to do financial depos-

Kitchen Unit

Our weekly specials for the month of March will be : Pigs in a blanket, baked pork chops with rice, Salisbury steak with mashed potatoes, and egg salad sandwiches with chips.

Thanks to all of the members who continually participate in kitchen unit. You are all awesome!

The kitchen unit worked hard during the month of February to develop kitchen unit goals for 2017. We had a lot of member participation and we think we came up with some strong goals to work toward this year. Our kitchen unit goals for 2017 are:

Goal #1: To improve kitchen unit member attendance and retention through "reach out". This will be accomplished by the kitchen unit developing a Reach Out team who will meet at least once per week. The Reach Out

team will identify members who have not been attending club-house and will contact these members by phone or mobile reach out and invite them back. After each contact, the results of that contact will be recorded in our Out Reach book.



Education Room

We are all looking forward to this next month! We are ready to leave this cold, snowy winter weather behind us and look forward to sunshine and warmer days.

This month we are taking some of our members to UVU for a tour so they can hopefully begin school in the near future. We also have Naomi coming three times a week to help our members make progress toward earning their high school diploma or GED. She is a great resource for our membership.

The smoking cessation class is continuing to go well. We currently have four members who are making a very good effort to reducing and eliminating their smoking habits. Things are going well and we look forward to a new month!

This month has been an exciting one for the WAG unit. We received many different donations from within the community which pushed us to rearrange the layout of the Thrift Store to accommodate the increase in clothing donations. With members leading the way layout has been a nice change to the Thrift Store. The new layout has also allowed certain members who need wheelchairs and other assistance for mobility to have greater access to all parts of the clear the walk ways around clubhouse. We in the WAG unit have been grateful for the we help we have received in the snow storms, from the members to make sure that clubhouse is safe. The nice warm weather of March will allow us in the WAG unit to start getting the grounds ready for summer. We will need help from the members to make our grounds look amazing! Thank you all for your help and support!

WAG Unit Strategic Goals

Goal #1: Go through all donations within the same 30 day period of receiving the donations. The purpose of this is to eliminate storage of donations in the basement. Our way of accomplishing this goal will be by

having members go through donations within 30 days of receiving the donations.

Goal #2: Prepare daily schedule for the register and train members to fill the schedule. We will accomplish this goal by recruiting members on how to run the cash register. We will also redo our white board to create time slots for the entire work ordered day. Also arrange with the Kitchen Unit for the cashier to eat during first lunch.

Goal #3: Keep the thrift store open during the work ordered day. We want to keep the Thrift Store open so that members can shop throughout the work ordered day. This will be accomplished by cashiers eating during first lunch.

Goal #4: Increase the participation in the Wellness Area. Our hope is to increase the health of the members of Clubhouse. We will accomplish this by creating time slots on our white board for using the exercise equipment. Also we will encourage members, as well as staff, to sign up for time slots and get another person to join them on the exercise machines.

WAG UNIT



Happy Birthday!!!

Dianne R. 3/02

Millard H. 3/16

Adam W. 3/02

Stephanie L. 3/17

James C. 3/04

Jonathan M. 3/18

Linda E. 3/04

Nathan L. 3/20

Deven H. 3/08

David K. 3/21

Cindy M. 3/08

John H. 3/22

Tracy B. 3/11

Victoria M. 3/22

Mark R. 3/12

Tiffany B. 3/25

Ben S. 3/12

Shawn G. 3/27

THE LUCK OF THE IRISH

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This month has been a productive month for the Career Unit. We have seen several find employment through the clubhouse TE program. We have added a Wasatch Maintenance job as well as a janitorial job at All Green. In addition to our most recent TE additions we have also had Freddy Lawn Thumbs start up again with the return of warm weather. We continue to look for new jobs we can develop as well as the launch of our new and improved supported employment program.

As a clubhouse, we want to take on the challenge of increasing the amount of members working in a supported employment over the next year. We also want to expand educational opportunities for our members.

Goals

1. Promote the Wasatch House employment program to the other departments throughout WMH.
2. Identify the members who have a desire to work both within Wasatch House and WMH as a whole.

Action Steps

Promote the Wasatch House employment program to the other departments throughout Wasatch Mental health. Career Specialists will present IPS/support employment program to all the level meetings within Wasatch Mental Health. All staff will follow up in their level meetings about employment monthly.

Identify the members who have a desire to work both within Wasatch House and Wasatch Mental Health as a whole. We will continue to advertise during Wasatch House meetings for our members and will post flyers around other Wasatch programs to promote our employment opportunities .

Career Specialist will continue to attend IPS training in order to begin helping members find employment through the IPS program. Career Specialists will attend all ISP trainings and will work closely with Sharon Cook from DHS on any available training.

Promote the Wasatch House employment program in the community by presenting our employment programs to businesses and identify local businesses that would want to partner with Wasatch House and provide employment opportunities WE will reach out to our Advisory Board to see if there are any possible contacts. We will identify three jobs in the community for our members.