

wasatchreview **Brains blurb**

After 2 years of persistence, Wasatch House was finally awarded an unconditional 3 year accreditation. The last time we had this honor was 2011. Since then, Wasatch House has been through many changes, many of which were difficult and challenged our identity as a Clubhouse. We are pleased to have made it this far and are excited to move forward with the goals created in our strategic plan including a focus on improving our Supported Employment opportunities for our members. Through IPS (Individual Placement and Support) an evidenced based model for supported employment, we plan to help more people get into permanent employment than ever before. We are in the process of helping our auspice agency become more educated in the model so as to promote it as a priority for other potential members who have yet to discover Clubhouse. Most importantly we call on all members to take a look at how employment may fit in your life. It is clear through research that employment is instrumental to ones overall well-being and one of the best indications of Recovery

Summer 2017

Career Unit

In the Career Unit, Sean H. has started a new T. E. with All Green. Adam W. has also begun a T. E. Doing grounds maintenance for Wasatch Mental Health. Congratulations to both of them on their new positions.

We have been working on preparation for our annual Wasatch Mental Health Wellness Race. This race helps to provide funding for members who are not funded by Medicaid. Some of these profits will also be used for Saturday Activities.

IPS is up and running now and we are looking for Candidates for this program, if interested come and talk to Emily and Ricky in the Career Unit.



UNIT REPORT BUSINESS

We in the Business Unit worked hard this month on the accreditation. We made posters, certificates, and had balloons for the party. It was a full house at the party . Those who were invited came and we ate chicken and tatter salad. We also did envelopes, lots of them. We do envelopes every month for the cards we put in them for thankyou cards. The cards are made in the Business Unit also. The Business Unit received two new copiers and now we have to re learn how to use them. This affects everyone who uses the copiers.



Wag Unit

In the WAG Unit we have been busy with all of the donations we have received. We have sold a lot of clothing that has helped members look and feel better. In the Thrift Store we have trained four members to use the register and keep track of the sales. We have been able to help many get ready to move into their apartment with lots of housewares items to get them started. Grounds have been made beautiful with the work of the members. One of our Members (Adam) has been exceptional with his work on the lawns and shrubs. He is now working a TE and we don't get to see him much. We have set up time slots for the exercise equipment and more members are using them. It is always good to see members walking, running and using the equipment. I can see that as members exercise they are happier and they are doing themselves good.

2017 Clubhouse Utah Conference Park City, Utah



This year Wasatch House hosted the annual Clubhouse Utah Conference that was held in beautiful Park City, Utah. Wasatch had 30 members and 4 staff attend the event . There were a total of 115 attendees registered for the event and there were additional members from all over the state that attended. Topics ranged from employment to education to wellness to recovery. Members and staff alike reported that the hotel and the conference was a great hit. Next year we will be headed to the thriving metropolis of Tooele, Utah. See you next year!

I realize that by now I can take control of my life completely. Because of my love and direction by my mom and Dad. Moms' love and devotion was overwhelmingly a help when she was alive. The people at the conference were very friendly and kind .
John

I really enjoyed the UCN Conference. We had fabulous food, great activities and wonderful workshops. We ate at the local lizard Restaurant on Wed. evening, then we drove over to the outlet shops. I bought some shoes at sketchers and two shirts at the Gap. On Thursday we had our UCN conference all day, which was very interesting. At the end of the conference we shared our thoughts and feelings. We had a super fun time on the tour of main street in Park City.

Doreen

Member Spotlights

Sarah P. is from California

I like drawing, writing, reading, and recording covers of songs. I have not graduated from high school. "I don't have much to say about my family." I traveled to the beach. My goal at Watsch is to get better

Clark B is from Mapleton , Utah

I like to go on walks, play video games, hang out with my wife. I worked with molding cement, worked at a dairy farm, I went through the twelfth grade but I did not graduate. My wife is fun and loves horror movies. Many of my family members are going to school.

Both of my parents work. My wife and I are expecting our first child. The fun places I traveled to are Sea World, Disneyland, Lagoon and Hogle Zoo. My goals are to learn new skills and get back into shape. Clubhouse is fun and helps me to think more positively. My future is bright. My goal is to exercise every day while attending clubhouse. The clubhouse needs more exercise equipment. The staff can help support us by finding our strengths and keeping us motivated.

I feel more independent coming to clubhouse and I do not rely on others as much.

Ty C. is from California.

In his spare time he likes to do napping and cooking.

Ty has had some college at UVU. The jobs he has had have been mostly in the culinary field.

His family are mostly in California. This includes his parents and one older sister.

Fun places he has visited: Utah; Nevada; California; and Calgary, Canada.

His main goal in attending Wasatch House is to find employment

